

CURRICULUM VITAE
Matthew LIM Sheng Mian
email: matthew.lim@api.edu.sg

Education

2017 — 2021	GradDip (Pastoral Studies), Asian Pastoral Institute, Singapore
2013 — 2016	DClinPsy, University College London, UK
2009 — 2013	DPhil (Psychiatry), Oxford University, UK
2004 — 2008	BSocSc (Hons), National University of Singapore, Singapore

**Professional Memberships
& Registrations**

2017 — present	Health and Care Professions Council, UK Registered Practitioner Psychologist (Clinical Psychologist): PYL34043
2018 — present	Singapore Psychological Society Full Membership: FM018005L
2018 — present	Singapore Psychological Society Registered Psychologist: 1810005

**Professional
Appointments**

2023 – present	Senior Lecturer and Deputy Director, Master of Psychology (Clinical) Department of Psychology, National University of Singapore
2019 — 2024	Locum Clinical Psychologist, Institute of Mental Health, Singapore
2019 — 2023	Committee Member, Singapore Register of Psychologists (SRP) Singapore Psychological Society
2019 — 2023	Lecturer, Master of Psychology (Clinical) Department of Psychology, National University of Singapore
2020	Clinical Supervisor, National CARE Hotline, Singapore
2016 — 2019	Senior Tutor, Master of Psychology (Clinical)

Department of Psychology, National University of Singapore

Awards

2020	Faculty Teaching Excellence Award, Department of Psychology, National University of Singapore
2018 — 2019	NUS Early Careers Award, Department of Psychology, National University of Singapore
2016 — 2018	NUS Early Careers Award, Department of Psychology, National University of Singapore

Teaching and Consultancy

2019 — present	Asian Pastoral Institute Care and Counselling, Singapore <ul style="list-style-type: none">- Co-Directing the Certificate in Pastoral Crisis Counselling- Conducting 3-hour workshop: Child resilience- Conducting 3-hour workshop: Counselling Skills- Conducting 3-hour workshop: Understanding Problematic Computer Use in Childhood and Youth- Conducting 3-hour workshop: ChatGPT in Education: Fostering Responsible Engagement for Children and Youth
2020	Institute of Mental Health, Singapore Facilitating Dialectical Behavioural Therapy groups
2016 — present	Department of Psychology PL3106 Abnormal Psychology PL3257 Introduction to Clinical Psychology PL4229 Psychological Therapies PLC5003 Health Across the Lifespan PL5306 Advanced Clinical Psychology
2017	Capelle Consulting, Singapore Development of course material, 2-day workshop on emotional resilience in the workplace,
2015	Islington Foster Care service, UK “Communicating with teenagers” 3-day seminar for foster carers

2015	Hillingdon Child & Adolescent Service, UK “Understanding self-harm in young people” half-day seminars for school nurses
2013 — 2014	Personality Disorder Specialist Clinic, UK Facilitating Dialectical Behavioural Therapy groups Facilitating Acceptance and Commitment Therapy groups
2013	UK National Problem Gambling Clinic, UK 10-session Cognitive Behavioural Therapy (CBT) group for pathological gambling,

Teaching Interests

Psychological Therapies
Abnormal Psychology
Developmental Psychology

Research Interests

Competency-based training of mental health professionals
Emotional regulation vulnerabilities in mental health

Publications

Peer-Reviewed Papers

Liu, J., Abdin, E., Vaingankar, J. A., **Lim, M. S. M.**, Verma, S., Tang, C., ... & Subramaniam, M. 2021. “Positive Mental Health Framework of Transdiagnostic Protective Factors in Elucidating the Association Between Adverse Childhood Experiences and Severe Mental Disorders.” *Australian & New Zealand Journal of Psychiatry*: 00048674211053568.

Liu, Jianlin, **Matthew Sheng Mian Lim**, Boon Tat Ng, Siow Ann Chong, Mythily Subramaniam, and Rathi Mahendran. 2020. "Global Emotion Dysregulation and Maladaptive Cognitive Emotion Regulation Strategies Mediate the Effects of Severe Trauma on Depressive and Positive Symptoms in Early Non-Affective Psychosis." *Schizophrenia Research* 222: 251-57.

Subramaniam, Mythily, Edimansyah Abdin, Esmond Seow, Janhavi Ajit Vaingankar, Saleha Shafie, Shazana Shahwan, **Mathew Lim** et al. 2020. "Prevalence, Socio-Demographic Correlates and Associations of Adverse Childhood Experiences with Mental Illnesses: Results from the Singapore Mental Health Study." *Child Abuse & Neglect* 103: 104447.

Lim, Matthew S. M. and Robert D. Rogers. 2020. "Simulated Die-rolling Behaviours Express Illusions of Control in Gamblers: An Investigation of Prize Structures, Facilitating Social Factors and Inhibitory Motor Processes." *International Gambling Studies* 20, no. 1: 57-79.

Lim, M. S. M., Francis Yue-Lok Cheung, Jie Min Kho, and CS-K. Tang. 2020. "Childhood Adversity and Behavioural Addictions: The Mediating Role of Emotion Dysregulation and Depression in an Adult Community Sample." *Addiction Research & Theory* 28, no. 2: 116-23.

Tang, Catherine So-Kum, **Mathew Sheng Mian Lim**, Jie Min Koh, and Francis Yue Lok Cheung. 2019. "Emotion Dysregulation Mediating Associations Among Work Stress, Burnout, and Problem Gambling: A Serial Multiple Mediation Model." *Journal of Gambling Studies* 35, no. 3: 813-28.

Cheung, Francis, Catherine S. K. Tang, **Matthew Sheng Mian Lim**, and Jie Min Koh. 2018. "Workaholism on Job Burnout: A Comparison with US and Chinese Employees." *Frontiers in Psychology: Organizational Psychology* 9: 2546.

Lim, Matthew Sheng Mian, Angela Byrne, Jack Shieh, Quang Tấn Hồ, and Oliver Mason. 2017. "Validation of a Vietnamese Mental Health Recovery Scale for Vietnamese Refugees." *Journal of Psychosocial Rehabilitation and Mental Health* 4, no. 2: 135-45.

Lim, Matthew SM and Robert D. Rogers. 2017. "Chinese Beliefs in Luck are Linked to Gambling Problems via Strengthened Cognitive Biases: A Mediation Test." *Journal of Gambling Studies* 33, no. 4: 1325-36.

Lim, Matthew SM, Henrietta Bowden-Jones, Maria Salinas, Jonathan Price, Guy M. Goodwin, John Geddes, and Robert D. Rogers. 2017. "The Experience of Gambling Problems in British Professional Footballers: A Preliminary Qualitative Study." *Addiction Research & Theory* 25, no. 2: 129-138.

Tang So Kum, Catherine, **Mathew Sheng Mian Lim**, Jie Min Koh, and Francis Yue Lok Cheung. 2017. "Health and Mental Health Outcome of Work Addiction Among Full-Time Employees in China." *International Journal of Psychiatry* 2, no. 2: 1-4.

Lim, Matthew S. M., Gerhard Jocham, Laurence T. Hunt, Timothy E. J. Behrens, and Robert David Rogers. 2015. "Impulsivity and Predictive Control are Associated with Suboptimal Action-Selection and Action-Value Learning in Regular Gamblers." *International Gambling Studies* 15, no. 3: 489-505.

Lim, Matthew S. M., Henrietta Bowden-Jones, and Robert D. Rogers. 2014. "Expressing Gambling-Related Cognitive Biases in Motor Behaviour: Rolling Dice to Win Prizes." *Journal of Gambling Studies* 30, no. 3: 625-37.

Rapisarda, Attilio, Thomas F. Lim, **Matthew Lim**, Simon L. Collinson, Michael S. Kraus, and Richard SE Keefe. 2013. "Applicability of the MATRICS Consensus Cognitive Battery in Singapore." *The Clinical Neuropsychologist* 27, no. 3: 455-69.

Collinson, Simon Lowes, **Matthew Lim**, Jia Hui Chaw, Swapna Verma, Kang Sim, Attilio Rapisarda, and Siow Ann Chong. 2009. "Increased Ratio of 2nd to 4th digit (2D: 4D) in Schizophrenia." *Psychiatry research* 176, no. 1: 8-12.

Chapter in Book

Lim, Matthew Sheng Mian and Chee Kin Tham. 2025. "The Community Impact." In *Celebrating God's Goodness*, edited by David Jeremiah Seah Hok Heng, Swee Sum Lam, Kian Cheng Lee, and Gabriel Henry Jacob, 131-151. Singapore: The Tabernacle Church and Missions.

Conference Presentations

Lim, Matthew S. M. 2019. "Does the mentalizing of others prospectively predict individual differences in cognitive vulnerabilities for social phobia and generalized anxiety disorder in childhood?" Paper presented at the 3rd *World Conference on Personality*, Hanoi, Vietnam.

Lim, Matthew S. M. 2018. "The Link Between Emotion Dysregulation in Parents and Preschool Children." Paper presented at the 13th *International Conference on Child and Adolescent Psychopathology*, Kuching, Sarawak, Malaysia.

Lim, Matthew S. M. 2012. Embodied Gambling-Related Cognitive Biases: Rolling Dice to Win Prizes. Paper presented at the 9th *European Conference on Gambling Studies and Policy Issues*, Loutraki, Greece.

Editorial Activities

Ad Hoc Reviewer

British Journal of Psychology
Clinical Psychology and Psychotherapy
Journal of Gambling Studies
International Gambling Studies
Journal of Community and Applied Social Psychology
Journal of Psychosocial Rehabilitation and Mental Health

Supervision

Research Supervision

2016 — present National University of Singapore
2 doctoral-level students
11 master-level students
11 undergraduate-level students

2019 — present Asian Pastoral Institute
4 master-level students

Clinical Supervision

2016 — present National University of Singapore
11 master-level clinical psychology students

National Service

2018 — present 32 Singapore Infantry Brigade, SAF
Brigade staff officer (training and operations)
Reservist highest rank: Captain

2002 — 2004 1st Guards Battalion, SAF
Company 2nd in Command (100 men under my charge)
Trainer: Guards (Elite Infantry) Officers' Course
NS Full-time highest rank: 1st Lieutenant (Sword of Merit – top 10%)